



Goldenhill Primary Academy



Head teacher: Mr. S Martin BA (Hons).NPQH

"Everyone shines at Goldenhill"

Broadfield Road, Goldenhill, Stoke on Trent.
ST6 4QE.

Tel: 01782 235790 Fax: 01782 235791

June 2025

Relationship & Sex Education- Summer 2

Dear parents/carers, All pupils must be taught the aspects of sex education outlined in the primary science curriculum – this includes teaching about the main external parts of the human body, how it changes as it grows from birth to old age, including puberty, and the reproductive process in some plants and animals.

However, the school is free to determine whether pupils should be taught sex education beyond what is required of the national curriculum. After consulting with parents and governors, we have chosen to teach pupils sex education beyond what is required of the science curriculum. **This will only be taught in year 6.**

Year 6 will receive a workshop on **Wednesday 9th July** by Sarah Huggins, a trained professional, from Personal Development Matters. **This lesson is the only RSE non-statutory lessons that will be taking place.**

If you wish to withdraw your child from this Y6 workshop, please complete the attached form. For more detail of what will be covered in this lesson, please see attached letter. To be clear, where parents once had the choice to remove their child from all RSE lessons each year, the vast majority of what is now required of schools is statutory and must be taught to all pupils and the only lesson that children can be withdrawn from is in Y6 on **Wednesday 9th July.**

As part of Science and Health Education, Year 5 will also be having a Puberty talk, again delivered by Sarah Huggins, on **Wednesday 9th July.** As this is a statutory part of the curriculum, parents do not have the right to withdraw their child from this lesson.

We have tailored our PSHE (Jigsaw) curriculum to meet the needs of the children that attend Goldenhill Primary. **The Changing Me unit will be happening throughout Summer 2 in our PSHE sessions (1 hour weekly) over the next 6 weeks from Reception through to Year 6.** Each year group will be receiving Changing Me lessons which will cover the following:

- Reception Growing up: how we have changed since we were babies
- Year 1 Boys' and girls' bodies; naming body parts
- Year 2 Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is, including the correct vocabulary)
- Year 3 How babies grow and including boys' and girls' bodies. Gender stereotypes
- Year 4 Internal and external reproductive body parts
- Year 5 Puberty for boys and girls including self-image
- Year 6 Puberty for boys and girls and self esteem and understanding conception to birth of a baby.

Please see more information for each year group below. If you have any questions with regards to RSE and your child please speak to your class teacher.

Kind regards,
Mr S Martin
Head teacher



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Coverage per year group

The content covered as part of each year group can be seen in the **Changing Me** part of our PSHE curriculum. The grid below shows specific SRE learning intentions for each year group in the 'Changing Me' Puzzle.

Year Group	Piece Number and Name	Learning Intentions 'Pupils will be able to...'
FS1/2	Piece 3 Growing Up	-Seek out others to share experiences. Show affection and concern for people who are special to them. -Explain own knowledge and understanding, and ask appropriate questions of others. Show sensitivity to others' needs and feelings.
Y1	Piece 4 Boys and Girls Bodies	-Identify the parts of the body that make boys different to girls and use the correct names for these: penis, testicles, vagina. -Respect my body and understand which parts are private.
Y2	Piece 4 Boys and Girls Bodies	-Recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private. -Tell you what I like/don't like about being a boy/girl.
Y3	Piece 1 How Babies Grow	-Understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.

	Piece 2 Babies Piece 3 Outside Body Changes	-Express how I feel when I see babies or baby animals. -Understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow. -Express how I might feel if I had a new baby in my family. -Identify how boys' and girls' bodies change on the outside during this growing up process. -Recognise how I feel about these changes happening to me and know how to cope with those feelings.
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Y4	Piece 2 Having A Baby	-Correctly label the internal and external parts of male and female bodies -Understand that having a baby is a personal choice and express how I feel about having children when I am an adult.
Y5	Piece 2 Puberty for Girls	-Explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally. -Understand that puberty is a natural process that happens to everybody and that it will be OK for me.

	Piece 3 Puberty for Boys and Girls	-Describe how boys' and girls' bodies change during puberty. -Express how I feel about the changes that will happen to me during puberty.
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Y6	Piece 2 Puberty	-Explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally. -Express how I feel about the changes that will happen to me during puberty.
	Piece 3 Girl Talk/Boy Talk	-Ask the questions I need answered about changes during puberty. -Reflect on how I feel about asking the questions and about the answers I receive.
	Piece 4 Babies – Conception to Birth	-Describe how a baby develops from conception through the nine months of pregnancy, and how it is born. -Recognise how I feel when I reflect on the development and birth of a baby.
	Piece 5 Attraction	-Understand how being physically attracted to someone changes the nature of the relationship. -Express how I feel about the growing independence of becoming a teenager and am confident that I can cope with this



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Year 6 Conception Withdrawal Form

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			