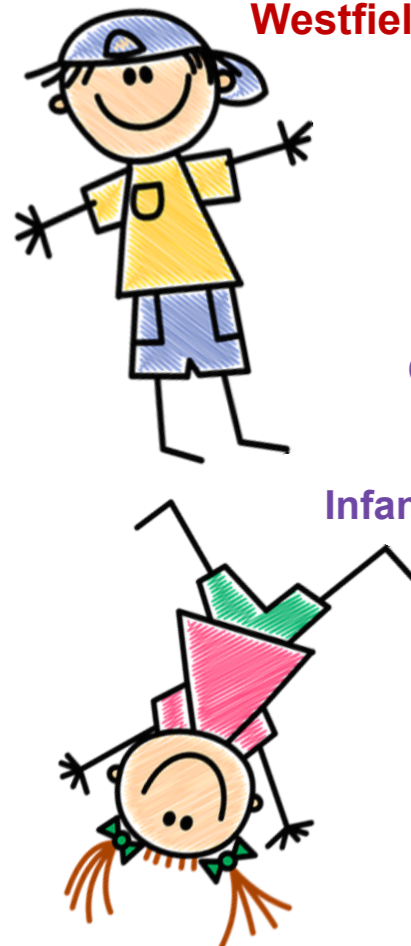


Useful Phone Numbers

Blurton Children's Centre	01782 231815
Burslem Children's Centre	01782 238989
The Crescent Children's Centre	01782 238038
Norton Children's Centre	01782 231096
Stoke Children's Centre	01782 236333
Stoke North Children's Centre	01782 232977
Thomas Boughey Children's Centre	01782 237100
Treehouse Children's Centre	01782 233670
Tunstall Children's Centre	01782 236655
Westfield Children's Centre	01782 237500
Health Visitor Hub	0300 303 3298
School Nurse Hub	0300 124 0362
Citywide Midwife Hub	01782 672181
North Community Midwives Team	01782 231152
Central Community Midwives Team	01782 233582
South Community Midwives Team	01782 231822
Infant Feeding Support 24Hour Helpline	01785 230059
Community Breastfeeding Team	0300 7900 163
National Breastfeeding Helpline	0300 100 2012
Dental Advice Line	0300 123 0981
Stoke-on-Trent Libraries	01782 238455
Advice and Access Team	01782 232200
Safeguarding and Referral Team	01782 235100
Stoke-on-Trent City Council General Enquires	01782 234234
Stoke on Trent Citizens Advice Helpline	03444 111 444



Stoke-on-Trent Children's Centres



Activity Guide

Version 2 - Summer to Autumn
July to September 2019



stoke.gov.uk

City of Stoke-on-Trent



Print date - 12 July 2019

While we try to keep all sessions and information on this booklet up to date, please note that we reserve the right to change sessions if necessary.

Our Children's Centres

Blurton

Oakwood Road, Blurton, ST3 3AR
Tel: 01782 231815
Email: Blurton.ChildrensCentre@stoke.gov.uk

Burslem

Vale Park, Hamil Road, Burslem, ST6 1AW
Tel: 01782 238989
Email: BurslemChildren'sCentre@stoke.gov.uk

The Crescent

Pinewood Crescent, Meir, ST3 6HZ
Tel: 01782 238038
Email: CrescentChildren'sCentre@stoke.gov.uk

Norton

St. Nicholas Avenue, Norton, ST6 8JW
Tel: 01782 231096
Email: NortonChildren'sCentre@stoke.gov.uk

Stoke

Stoke Library, South Wolfe Street, Stoke, ST4 4AA
Tel: 01782 236333
Email: stoke.childrenscentre@stoke.gov.uk

Stoke North

Bishops Road, Chell Heath, ST6 6QW
Tel: 01782 232977
Email: StokeNorthChildren'sCentre@stoke.gov.uk

Thomas Boughey

College Road, Shelton, ST4 2DQ
Tel: 01782 237100
Email: thomasboughey.children's@stoke.gov.uk

Treehouse

Dawlish Drive, Bentilee, ST2 0HW
Tel: 01782 233670
Email: treehouse.childrens.centre@stoke.gov.uk

Tunstall

Woodland Street, Tunstall, ST6 6AP
Tel: 01782 236655
Email: TunstallChildren'sCentre@stoke.gov.uk

Westfield

Buckleuch Road, Normacot, ST3 4RF
Tel: 01782 237500
Email: WestfieldChildren'sCentre@stoke.gov.uk

All of our Children's Centres are open Monday to Thursday between 9:00am and 5:00pm and between 9:00am and 4:30pm Fridays. All Centres are closed on Bank Holidays and weekends.

Health Visitor Clinics

Monday		Wednesday	
Meir Primary Care Centre Weston Road, ST3 6AB	9:30 - 11:30am	Tunstall Primary Care Centre , ST6 6BE	9:30 - 10:30am
Trent Vale Health Centre London Road, ST4 5NX	9:30 - 11:00am	Smallthorne Health Centre Baden Road, ST6 1SA	10:00 - 12:00noon
Tuesday		Westfield Children's Centre	1:00 - 3:00pm
The Crescent Children's Centre	9:15 - 11:30am	Stoke Library and Children's Centre	1:30 - 3:00pm
Kingsland Children's Centre , Eaves Lane, ST2 8LY	9:15 - 11:00am	Blurton Health Centre Rippon Road, ST3 3BS	1:30 - 3:30pm
Stoke North Children's Centre	9:30 - 10:30am	Fegg Hayes Clinic Fegg Hayes Road, ST6 6QR	2:00 - 3:00pm
Hanford Health Centre New Inn Lane, ST4 8EX	9:30 - 11:30am	Fenton Health Centre Glebedale Road, ST4 3AQ	2:00 - 4:00pm
Hanley Health Centre Upper Huntbatch Street	9:30 - 11:30am	Thursday	
Treehouse Children's Centre	9:30 - 11:30am	Middleport Medical Centre Newport Lane, ST6 3NP	9:30 - 11:00am
Cobridge Community Health Centre , Church Terrace	1:00 - 3:00pm	Burslem Children's Centre	9:30 - 11:30am
Milton Parish Church Baddeley Green Lane, ST2 7EY	1:30 - 3:00pm	Norton Children's Centre	1:30 - 3:00pm
Shelton Primary Care Centre , ST1 4PB	1:30 - 3:30pm	St Johns Welcome Centre Greasley Road, ST2 8JE	1:30 - 3:30pm
Longton Heath Centre Drayton Road, ST3 1EQ	1:30 - 3:30pm	Bentilee Neighbourhood Centre , Dawlish Drive	1:30 - 3:30pm
Goldenhill Surgery High Street, ST6 5QS	2:00 - 3:00pm	Friday	
Don't forget your red book!		Tunstall Children's Centre	9:30 - 11:30am

Friday



Location	Activity and Details	Time	Age
Burslem	Soccer Lions - Physical Activity Group Booking Required! Physical play and lots of activities involving both adults and children. Price: £4 per class or £37 for 12 weeks	9:30 - 10:15am	From confident walker to 6 years old
	Play Together - Drop in Session! Brought to you by Soccer Lions North Staffs Activities to enjoy together. Art, crafts, toys, singing and much more! Price: £3 per child	10:15 - 11:45am	From birth to 6 years old
Crescent	Baby Group - Booking required! Brought to you by the Crescent Pre-School. A group for you and your baby to explore. Toast, tea and coffee included. Price: £2.50 per baby and parent	TERM TIME ONLY 9:45 - 10:45am	From birth to confident walker
	Stay and Play - Booking required! Brought to you by the Crescent Pre-School. A family focused group for you and your child to explore together. Price: £2.50 per baby and parent	TERM TIME ONLY 1:00 - 2:30pm	From confident walker to 4 years old
Stoke North	Play group-Drop in session! Brought to you by Families 2gether. A fun group for children to enjoy. Many different activities to try. Refreshments provided. Price: £1 per family	TERM TIME ONLY 9:30 - 11:30am	From 12 months and over
Westfield	Boogie Beat - Drop in Sessions! Great fun for little ones by using a mix of song, music, storytelling to re-tell traditional stories.	9:30 - 10:15am	From 6 months to 5 years old

Find out more information about the sessions and groups on pages 4 and 5!

Stoke-on-Trent Libraries

Free weekly sessions that are perfect for families with young children, explore the world of books and words, develop communication skills and much more. For more information please call them on 01782 238455 or email central.library@stoke.gov.uk

Adult Community Learning

Adult Community Learning offer a range of courses variety of subjects in different places across the city. If you would like to know more please give them a call on 01782 234775 or email adult.learning@stoke.gov.uk

Please note some of our groups may change or not run in the School holidays and all of our Centres are closed on bank Holidays. Please check with the provider or centre before attending any sessions! **10**

Keep up to date!

Get the latest info about the services we offer. You can like us on Facebook, follow us on Twitter, give one of our Centres a call or just pop into Reception.

Facebook - @SOTChildrensCentres

Twitter - @SOTCCC

If you are in crisis or in need of help or urgent advice, please only contact us via telephone or visit the centre in person.



Sensory Rooms

We have many Sensory Rooms across Stoke-on-Trent for you to book and enjoy together. Our sensory rooms are a quiet, calm and soothing space to relax in but it can also be a stimulating, multi-sensory and exciting interactive experience. Each sensory room varies with different lighting, musical objects, and textures which help your child to explore a range of senses and help to develop motor skills, co-ordination and encourages exploration. For parents it's a great space to bond with your children, to practice early communication and most importantly to have fun.

Our rooms can be booked for up to an hour at a time between 9:30am and 4:30pm Monday to Friday. Room sizes vary across the centre's and none of our sensory rooms are the same. **To book our sensory rooms please give us a call, we have a sensory room in the following centres:**

Blurton - 01782 231815

Thomas Boughy - 01782 237100

Burslem - 01782 238989

Tunstall - 01782 236655

The Crescent - 01782 922124

Westfield - 01782 237500

Stoke North - 01782 232977



Play Spaces

We have 4 exciting Play Spaces in our Children's Centres for your children to enjoy for free. From slides, to ball pits to climbing frames, there's lots to enjoy! Our Play Spaces can be used for free between 9:00am and 4:00pm Monday to Friday. **Please note, whilst there is no age limit for our Play Spaces all children need to be less than 145cm tall and should always be accompanied by a responsible adult.**

Blurton - 01782 231815

Treehouse - 01782 233670

The Crescent - 01782 238038

Westfield - 01782 237500

Details about groups



Thursday

Baby Zone	<p>Babbles and Brews - Booking required! An informal Baby Stay & Play where parents can meet for a hot drink and chat whilst little ones play in a safe and stimulating environment. Age: From birth to 4 years old Price: £3 per session</p> <p>Messy and Sensory Play - Booking required! A fun group where babies can explore their senses with taste safe activities. No need to worry about the mess, just bring some wipes and a towel for after. Age: From birth to confident walkers Price: £5 per session</p> <p>Baby Massage and Yoga Classes - Booking required! Yoga - Strengthen your baby's muscles, improve their flexibility, develop their fine and gross motor skills through gentle yoga moves. Massage - Each week you will learn new massage strokes for each part of the body, building up to a full massage for your little one. Age: From 5 weeks to crawling Price: £20 for 5 week course</p>
	<p>For more information or to book please call 07834237364 Or search for Baby Zone on Facebook</p>
	<p>Soccer Lions- Physical Activity Group - Booking required! Physical play involving both adults and children using lots of different equipment such as footballs, skittles, hoops, bean bags and lots more. Age: From 12 months (confident walker) to 6 years old Price: £4 per class or £37 for 12 weeks</p> <p>Play Together - Drop in session! Lots of play activities to enjoy together. Art, crafts, messy play, many different toys, outdoor play, singing and much more! Biscuits, raisins and water are provided but you are also welcome to bring your own snack and join everyone at the table at snack time. Age: From birth to 6 years old Price: £3 per child (Under 12 weeks £1.50)</p>
Soccer Lions North Staffordshire	<p>For more information or to book please call 07747867745 Or search for Soccer Lions North Staffordshire on Facebook</p>
Families 2gether	<p>Baby Group - Drop in session! TERM TIME ONLY A fun group for babies to enjoy. Lots of different activities for little ones to explore and learn from. Refreshments provided. Age: From birth to 2 years old Price: £1 per family</p> <p>Play Group - Drop in session! TERM TIME ONLY A fun group for children to enjoy. Lots of different activities for little ones to explore and learn from. Refreshments provided. Age: From 12 months and over Price: £1 per family</p>
	<p>For more information please call 01782 232977 Or search for Families 2gether on Facebook</p>

Please note some of our groups may change or not run in the School holidays. All of our Centres are closed on Bank Holidays. Please check with the provider or centre before attending any sessions!

Location	Activity and Details	Time	Age
Crescent	Functional Skills English	9:30 - 11:45am	Adults Only
	Functional Skills Maths	12:40 - 2:45pm	Adults Only
	TERM TIME ONLY Booking Required for both courses. For more information please give Jane Christie a call on 07841254862		
Norton	Play Together - Drop in Session! Brought to you by Soccer Lions North Staffs Activities to enjoy together. Art, crafts, toys, singing and much more! Price: £3 per child	10:00 - 11:30am	From birth to 6 years old
Stoke North	Nature Stay and Play - Booking required with Well Natured. An outdoor session for children to explore nature with creative play, stories and singing. STARTS 25 JULY Price: £5 per child (Additional siblings £2.50)	NEW GROUP 9:30 - 11:00am	From walking to 8 years old
Thomas Boughey	Shelton Juniors - Drop in session! For more information please contact on 01782 237100 or email youthteam@stoke.gov.uk	3:30 - 5:00pm	From 8 to 12 years old
Treehouse	Messy and Sensory Play Booking required with Baby Zone. A fun group where babies can explore their senses. Don't forget wipes and a towel for after. Price: £5 per session	10:00 - 11:30am	From birth to confident walkers
	Play Together - Drop in Session! Brought to you by Soccer Lions North Staffs. Activities to enjoy together. Art, crafts, toys, singing and much more! Price: £3 per child	1:00 - 2:30pm	From birth to 6 years old
Tunstall	Messy and Sensory Play Booking required with Baby Zone. A fun group where babies can explore their senses. Don't forget wipes and a towel for after. Price: £5 per session	1:30 - 3:00pm	From birth to confident walkers
Westfield	Baby Massage Classes - Booking required with the Health Visiting Team on 0300 303 3298. A 4 week rolling programme.	10:00 - 11:30am	From 8 weeks old
	Baby Steps Course - Booking required. Please call the Health Visiting Team on 0300 303 3298 A free four week course to find out about learning, safety, solid foods and keeping well.	STARTS 5 September 1:30 - 3:30pm	New babies and parents/ carers
	Street Games Youth Club Held at Westfield or alternately Bengry Road, Normacot. If you are interested or would like more details about the group please contact streetgames@stoke.gov.uk	6:30 - 8:30pm	Please contact for details.

Find out more information about the sessions and groups on pages 4 and 5!



Location	Activity and Details	Time	Age
Burslem	Baby Massage and Yoga Classes Booking required with Baby Zone! RESTARTS ON 4 SEPTEMBER Alternating 5 week courses of baby massage and baby yoga. Price: £20 for 5 week course	10:00 - 11:00am	From 5 weeks to crawling
Crescent	Breastfeeding Support Group ENDS here on 17 July and is moving to Westfield Children's Centre on 24 July 2019 Drop in Sessions! Get help and advice while you meet other breastfeeding mums.	10:30am - 12:00noon	No age limit
Norton	Soccer Lions - Physical Activity Group Booking Required! Physical play and lots of activities involving both adults and children. Price: £4 per class or £37 for 12 weeks	11:15 - 12:00noon	From confident walker to 6 years old
	Breastfeeding Support Group Drop in Sessions! Get help and advice while you meet other breastfeeding mums.	1:30 - 3:30pm	No age limit
Westfield	Soccer Lions - Physical Activity Group Booking Required! Physical play and lots of activities involving both adults and children. Price: £4 per class or £37 for 12 weeks	9:30 - 10:15am	From confident walker to 6 years old
	Breastfeeding Support Group STARTS here from 24 July 2019 Drop in Sessions! Get help and advice while you meet other breastfeeding mums.	NEW VENUE 10:30am - 12:00noon	No age limit

Find out more information about the sessions and groups on pages 4 and 5!

Connecting Choices Support

Are you aged between 16-65yrs? Do you want to improve your skills, do more training or get back into work? Connecting Choices can offer you support with regular meetings, action plans and assessments. They can support you to overcome employment barriers, access training, develop your employment skills, volunteer or gain employment. If you are interested please get in touch with the team by contacting the Connecting Choices Coach near to you.

Jane Christie at the Crescent Children's Centre - Call: 078941254862

Sonia Barlow at the YMCA, Hanley, ST1 3AE - Call: 07841730652

Deepa Mistry at Norton Children's Centre - Call: 07841254859

Sajida Razzaq at Fenton Town Hall, Baker Street - Call: 07841730651

Please note some of our groups may change or not run in the School holidays and all of our Centres are closed on bank Holidays. Please check with the provider or centre before attending any sessions!

Health Visitors

Midlands Partnership NHS Foundation Trust

Breastfeeding Support Group - Drop in session!

Come along to a relaxing group where you can get help and advice about all aspects of feeding your baby. You will be able to meet other breastfeeding mothers and share ideas and stories together. There is no age limit and charge for the groups.

Baby Massage Classes - Booking required!

A free 4 week rolling programme. Baby massage has many benefits to both you and baby including better sleep and attachment and bonding.

Age: From 8 weeks old. Babies must have had their 6-8 week GP check. There is no charge for this.

Baby Steps Course- Booking required!

Are you a new parent? If so this course could be for you. It is a free four week course for you, your partner and baby to join and meet new people. You will find out about helping your baby to grow and learn, keeping your baby safe, starting solid foods and what to do if your baby is unwell.

For more information or to book please on these courses please call the Health Visitor Hub on 0300 303 3298

Jo Jingles Staffordshire

Jo Jingles - Drop in session! TERM TIME ONLY

Music, singing and movement for little ones. A fun group with songs, instruments, props, bubbles, parachute and much more!

Age: From 4 months to 4 years old **Price:** £3.50 per session

For more information please call 07989173634 Or search for @JoJinglesStafford on Facebook

Boogie Beat North Staffs and Cheshire

Boogie Beat - Drop in session!

Great fun for little ones using a mix of song, music, storytelling and fun props to re-tell traditional stories with a lively and fun dance twist.

Age: From 6 months to 5 years old **No Charge**

For more information please call 0791244254 Or search for @BoogieBeatNStaffsandCheshire on Facebook

The Crescent Pre-School Nursery

Baby Group - Booking required! TERM TIME ONLY

A family focused relaxing and welcoming environment for you and your baby to explore together. Toast, tea and coffee included.

Age: From birth to confident walker **Price:** £2.50 per baby and parent

Stay and Play - Booking required! TERM TIME ONLY

A family focused relaxing and welcoming environment for you and your child to explore together.

Age: From confident walker to 4 years **Price:** £2 per child and parent

For more information or to book please call 01782 922124 Or search for The Crescent Pre-School Nursery on Facebook

Well Natured

Nature Stay and Play - Booking required!

Outdoor sessions to encourage children to explore nature and play outdoors. Each session will have a different story theme. There will be a mud kitchen, creative play with natural resources, stories and a sing song to finish.

Age: From walking to 8 years old **Price:** £5 per child (Additional siblings £2.50)

For more information or to book please call 07979388596 Or search for Well Natured-Explore. Learn. Outdoors on Facebook

Monday



Location	Activity and Details	Time	Age
Blurton	Jo Jingles - Drop in Session! Music, singing and movement for little ones with musical instruments and much more! Price: £3.50 per session	TERM TIME ONLY 11:15 - 12:00noon	From 4 months to 4 years old
	Nature Stay and Play - Booking required with Well Natured. An outdoor session for children to explore nature with creative play, stories and singing. STARTS 22 JULY Price: £5 per child (Additional siblings £2.50)	NEW GROUP 12:30 - 2:00pm	From walking to 8 years old
Crescent	Jo Jingles - Drop in Session! Music, singing and movement for little ones with musical instruments and much more! Price: £3.50 per session	TERM TIME ONLY 10:00 - 11:00am	From 4 months to 4 years old
Norton	Play Together - Drop in Session! Brought to you by Soccer Lions North Staffs Activities to enjoy together. Art, crafts, toys, singing and much more! Price: £3 per child	1:00 - 2:30pm	From birth to 6 years old
	Functional Skills English	9:30 - 11:45am	Adults Only
	Functional Skills Maths	12:40 - 2:45pm	Adults Only
	TERM TIME ONLY Booking Required for both courses. For more information please give Deepa Mistry a call on 07841254859		
Treehouse	Baby Massage Classes - Booking required with the Health Visiting Team on 0300 303 3298. A 4 week rolling programme.	10:00 - 11:30am	From 8 weeks old
	Nature Stay and Play - Booking required with Well Natured. An outdoor session for children to explore nature with creative play, stories and singing. STARTS 22 JULY Price: £5 per child (Additional siblings £2.50)	NEW GROUP 12:30 - 2:00pm	From walking to 8 years old
Tunstall	Soccer Lions - Physical Activity Group Booking Required with Soccer Lions. Physical play and lots of activities involving both adults and children. Price: £4 per class or £37 for 12 weeks	11:15 - 12:00noon	From confident walker to 6 years old

Find out more information about the sessions and groups on pages 4 and 5!

SENDIASS Drop in Sessions - TERM TIME ONLY

Free impartial advice and support relating to Special Educational Needs and Disability (SEND) for parents/carers, children and young people ages 0 to 25 years old. For more information please call 01782 234701 or 01782 234847

1st Monday of the month at Burslem Children's Centre between 10:00am and 12:00noon
2nd Monday of the month at Stoke North Children's Centre between 10:00am and 12:00noon
3rd Monday of the month at Tunstall Children's Centre between 10:00am and 12:00noon
4th Monday of the month at Norton Children's Centre between 10:00am and 12:00noon

Tuesday



Location	Activity and Details	Time	Age
Burslem	Babbles and Brews - Booking Required! Brought to you by Baby Zone. Stay and Play where parents can enjoy a hot drink and chat while little ones play. Price: £3 per session	1:15 - 2:45pm	From birth to 4 years old
Stoke	Breastfeeding Support Group Drop in Sessions! Get help and advice while you meet other breastfeeding mums.	10:30am - 12:00noon	No age limit
Stoke North	Baby group - Drop in session! Brought to you by Families 2gether. A fun group for babies with lots of activities to enjoy. Refreshments included. Price: £1 per family	TERM TIME ONLY 12:30 - 2:00pm	From birth to 2 years old
Thomas Boughhey	Soccer Lions - Physical Activity Group Booking Required! Physical play and lots of activities involving both adults and children. Price: £4 per class or £37 for 12 weeks	1:00 - 1:45pm	From confident walker to 6 years old
Tunstall	Play Together - Drop in Session! Brought to you by Soccer Lions North Staffs. Activities to enjoy together. Art, crafts, toys, singing and much more! Price: £3 per child	9:30 - 11:00am	From birth to 6 years old
Westfield	Normacot Juniors - Booking Required! For more information and to book a place please contact youthteam@stoke.gov.uk	4:30 - 6:00pm	From 8 to 12 years old
	Normacot Youth - Booking Required! For more information and to book a place please contact youthteam@stoke.gov.uk	6:45 - 8:45pm	From 11 to 19 years old

Find out more information about the sessions and groups on pages 4 and 5!

Are you registered with Stoke-on-Trent Children's Centres? If you have registered at one of the Children's Centres in Stoke-on-Trent you are registered with them all.

Any information that you give to us is saved securely on our system and is used to monitor the services we provide. If you have changed your phone number, address or have had a new addition to your family since we last saw you please let our Children's Centres know and we can update your details. By doing so you will be helping us to keep the information you share with us as up to date as possible.

Please note some of our groups may change or not run in the School holidays and all of our Centres are closed on bank Holidays. Please check with the provider or centre before attending any sessions!