



Goldenhill Primary Academy



Head teacher: Mr. S Martin BA (Hons).NPQH

"Everyone shines at Goldenhill"

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Thursday 18th September 2025

Dear Parents and Carers,

I am writing to inform you of our Academy's policy regarding the wearing of jewellery during Physical Education (PE) lessons. This is to ensure the safety and wellbeing of all pupils.

The Association for Physical Education (AfPE) strongly recommends that **all jewellery, including earrings, is removed before PE lessons**. Wearing jewellery poses significant risks, as it can become caught on equipment, hair, or other pupils, leading to cuts, tears, or other serious injuries.

AfPE does not consider taping earrings to be a safe alternative, as it does not adequately prevent injury and creates a false sense of security. Therefore, from now on, pupils will **not be allowed to take part in PE lessons while wearing jewellery, even if it is taped**.

Our policy has been update as follows:

- Pupils must remove their earrings/jewellery before a PE lesson and place them safely in their belongings, or not wear them on PE days.
- If a pupil has recently had their ears pierced and cannot remove the earrings, they may be unable to actively participate in PE for the initial healing period (usually six weeks). During this time, they may take on alternative roles, such as scorer, umpire, or coach.
- Parents are responsible for ensuring their child is prepared for PE, including removing jewellery and wearing the correct kit.

Advice for parents:

If you are considering allowing your child to have their ears pierced, we strongly recommend arranging this at the beginning of the Summer school holidays. This will allow sufficient healing time before earrings need to be removed for PE.

We appreciate your support in helping us maintain a safe environment for all pupils during PE lessons. If you have any questions about this policy, please do not hesitate to contact the school.

Thank you for your cooperation.

SMartin

Headteacher
Goldenhill Primary Academy