



# Goldenhill Primary Academy



Head teacher: Mr. S Martin BA  
(Hons).NPQH

*"Everyone shines at Goldenhill!"*

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Tuesday 5<sup>th</sup> April 2022

Dear Parents/Guardians,

Throughout this year, some classes will be taking part in 'Forest School'. Forest Schools are long-term programmes within a natural space, led by a qualified practitioner. They focus on developing personal, social and emotional life skills through learner led, nature-based learning.

Experiences are all formulated so they are within the capabilities of every person within the group (small achievable tasks). Teamwork skills are developed through problem solving, exploring, discovering and developing threads and journeys throughout the days. Individual skills and a sense of self-worth, self-image and self-concept (self-esteem) are heightened throughout the programme. Activities include such things as hide & seek, shelter building, tool skills, lighting fires or environmental art; the list is endless.

Each experience develops intra and inter-personal skills as well as practical and intellectual skills. At the end of the session, children will carry out a final reflection upon what they have learnt, or realized, or understood about themselves or others during the opportunities explored.

Summer term will be Year 1's turn to take part in Forest School sessions. Year 1's Forest School Programme will start on Wednesday 27<sup>th</sup> April 2022 and will last for the whole of the Summer term. Sessions will happen once a week (Wednesday) and will last approximately 1 hour. This means that Y1 will need to come in their PE kit on **Tuesdays (Bee Active) and Wednesdays (Forest Schools)**.

Due to the nature and ethos of Forest School, children's clothes are very likely to get muddy and wet as Forest School still goes ahead no matter the weather; therefore, it is advisable to send children with old clothes.

Please ensure that you **send your child to school with the following each Wednesday:**

- Top and trousers
- Jacket/Jumper
- Water proof coat
- Wellies and/or boots (please no fashion boots)
- Water proof trousers (optional)
- A change of underwear (in case trousers get wet through)

Please note that if your child does not have appropriate clothing, they will not be allowed to take part in Forest Schools.

Thank You

Miss V Belfield  
Forest Schools Coordinator

