



Goldenhill Primary Academy



Head teacher: Mr. S Martin BA
(Hons).NPQH

"Everyone shines at Goldenhill"

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19/01/21

Dear Parents / Guardians

From 1st February 2021- 7th February 2021 is Children's Mental Health Week. Therefore, on Friday 5th February 2021, we will be virtually celebrating and raising awareness of this by supporting Dress to Express! This will involve the children in school and learning at home to dress in clothing of their choice which they feel expresses themselves. Due to the current climate, we will not be raising money for this event.

During the morning, the main objective will be to look at how we express ourselves, conversations around it is okay not to be okay and emotions and feelings through a range of activities which will be accessible online. Afternoon activities will also focus around this. Photos of the children dressing to express themselves can be posted on TEAMS and those with permission will feature on our website.

Please feel free to contact myself if there are any questions, queries or concerns that you may have about this.

Kind Regards

Miss Carter
Wellbeing Leader

