

# Winter Support





# Family Hubs / Children's Centres



You can find support within your local Family Hubs/Children's Centres. If you need support with benefits / warmth / finances / Clothing / Food etc contact your local centre.

## North Locality

### Stoke North Children's Centre

Bishop Road  
Stoke-On-Trent  
ST6 6QW

Contact: 01782 232977

### Tunstall Family Hub

194 High Street,  
Tunstall,  
Stoke-On-Trent  
ST6 5PH

## Central Locality

### Thomas Boughey Children's Centre

College Road,  
Stoke-On-Trent,  
ST4 4SZ

Contact: 01782 237100

*Did you know?*  
Stoke North Children's Centre and Westfield Family Hub have a sensory room that is FREE to hire!  
Westfield and Bentilee Family Hub also have a soft play area that is FREE to use!

## South West Locality

### Stoke Library

Local Services Centre,  
South Wolfe Street  
Stoke-On-Trent  
ST4 4SZ

Contact: 01782 238446

## South East Locality

### Westfield Family Hub

Buccleuch Road,  
Stoke-On-Trent  
ST3 4RF

Contact: 01782 237500

### Bentilee Family Hub

Dawlish Drive,  
Stoke-On-Trent  
ST2 0HW

Contact: 01782 233670



# Your Family Advisor

## Becky

07385366560  
rebecca.foster@stoke.gov.uk



## Chris

(01782) 233468  
07717714017  
chris.berry@stoke.gov.uk

## We can help you with

Antenatal Support

Baby Advice

Finding Organisations and Charities

Local Doctors, Pharmacies and Hospitals

Family Groups

Local Schools, Nurseries and Childminders

Local Playgroups and Activities

Issue C-Cards

Oral Health and Dentists

Early Language and the Home Learning Environment

Financial Advice

Filling in important forms

Finding Midwives or Health Visitors

Housing Advice

Foodbanks



## Food

### Foodbank Centres Opening times 2023

Monday	West End Church, Stoke	10.00am-12.00pm	OPEN
	St John's Church, Knyppersley	11.00am-1.00pm	OPEN
	Wesley Hall Church, Sneyd Green	3.00pm-5.00pm	OPEN
Tuesday	Hope Community Church, Hanley	10.00am-12.00pm	OPEN
	St Stephens Church, Bentilee	12.30pm-2.30pm	OPEN
	The Hive Centre (St Albans), Blurton	10.30am-12.30pm	OPEN
Wednesday	Bethel Church, Longton	10.00am-12.00pm	OPEN
	Swan Bank Methodist Church, Burslem	2.00pm-4.00pm	OPEN
	Penkhull Christian Fellowship, Penkhull	2.00pm-4.00pm	OPEN
Thursday	Temple Street Methodist Church, Fenton	10.00am-12.00pm	OPEN
	Grace Church Hanley	10.00am-12.00pm	OPEN
	Wesley Hall Church, Sneyd Green	4.00pm-6.00pm	OPEN
	English Martyrs RC Church, Biddulph	6.00pm-8.00pm	OPEN
Friday	United Reformed Church, Longton	10am-12pm	OPEN
	St Andrews Church, Weston Coyney	3.30pm-5.30pm	OPEN
	Tunstall Methodist Church, Tunstall	4.30pm-6.30pm	OPEN

The Blurton Warehouse is open for donations **only**  
Monday - Thursday 9am - 3pm, Thank you.  
Office Opening Hours Monday - Thursday 9am - 2pm  
More Information: [www.stokeontrent.foodbank.org.uk](http://www.stokeontrent.foodbank.org.uk)

If you need a foodbank voucher, please contact your local Family Hub Team:

**Stoke North Children's Centre:** [supportingfamiliesnorth@stoke.gov.uk](mailto:supportingfamiliesnorth@stoke.gov.uk)

**Thomas Boughey Children's Centre:** [supportingfamiliescentral@stoke.gov.uk](mailto:supportingfamiliescentral@stoke.gov.uk)

**Westfield / Bentilee Family Hub:** [supportingfamiliesse@stoke.gov.uk](mailto:supportingfamiliesse@stoke.gov.uk)

**Stoke Library:** [supportingfamiliesw@stoke.gov.uk](mailto:supportingfamiliesw@stoke.gov.uk)

## Community Pantries

Below are a couple of shops that work like a supermarket and have brand names for cheaper prices.

### Community Grocery



SwanBank Church, Burslem, ST6 2AA (01782 695511) - open Mon-Fri: 9:30am-4:30pm - Sign up for £5 annual membership. You can then get 12 items for £5, 18 items for £7.50 and 24 items for £10— Bakery, shelf items, fruit and veg, non-food, freezer and fridge.

### Community Cupboard



The Hub, Port Vale Foundation, 113 Hamil Road, Stoke-On-Trent, ST6 1AP (01782 757066): open Friday 10am-12pm - choose your own items - 10 items for £5 and 15 items for £7. All sanitary products are free. Foods range from life tinned food to frozen to fresh and produce.

### The Community Can Social Supermarket



Unity 24 Tunstall Indoor Market, Butterfield Place (inside Tunstall market) (07411151819): Free to join. 10 items for £5 or 15 items for £7.50 - long life items, cleaning products, baby products and toiletries. Free sanitary products and some free end of shelf life products. In Tunstall Market - 10:30am-5pm, Wednesday, Friday and Saturday.

### Your Local Pantry @YMCANS



Campus Shop, YMCANS Harding Road, Stoke-On-Trent, ST1 3AE (01782 222376). Thursday and Friday 12:00-4:00pm. £3.50 membership, weekly fee £4.50, for which they can choose at least 10 items of quality food from high street supermarkets.

## Chell Parish Pantry



Church of the Saviour, Sprink Bank Road, Chell Heath, ST6 6QQ, 01782 838708, Thursday 12:00-2:00pm. This is our free pantry—there is no charge for the items you choose, plus we offer a warm space with free hot drinks, biscuits and cakes. All are welcome.

## The Joyful Independent Foodbank,



Market Square, Hanley, ST1 1NU Open Monday—Saturday, 10:30am—3:00pm. They have a wide range of food from bread to fruit and veg.

## The Hope Campus



Market Square, Hanley, ST1 1NU (07498 168648). Are opening Loving Hope Community Independent Grocery, Open Monday-Friday 9:30am-4pm. At the community grocery, shoppers pay £5 membership per year, then for each shop pay £2.50. Shoppers can go in 3 times per week.

## The Bread and Butter Thing



Bentilee Family Hub, Dawlish Drive, Bucknall, ST2 0HP. Tuesdays at 1:30pm. To register text 07860 063304 or use the contact form on the QR code (Left) with their name, postcode and hub they would like to join (Bentilee Family Hub). Once registered, members will receive a weekly text offering the food service which they can then collect from their hub. Single bags with a condensed offer £5. Standard 3 bag family package £8.50 and Large 6 bag package £17. For £8.50 they roughly offer £35 worth of food each week, including fresh fruit, veg, chilled food for the fridge and cupboard staples such as pasta and cereals. The food changes daily meaning the bags will change from week to week.

# Health

**Dentist:** Emergency Dentist Contact Number for those not registered with a dentist.

Contact: 0300 123 0981

**Period Power:** supply sanitary products to people who would otherwise go without due to their social and financial circumstances.

Phone: 07895 361202

Email: [periodpower2017@gmail.com](mailto:periodpower2017@gmail.com)

## Health Visitor:

### Stoke Hub (Covering all localities in Stoke-On-Trent)

Freephone: 0808 178 3374

### Chat Health Text Messaging Service

Parents/Carers Text: 07312 277161

For young people living in Stoke-On-Trent, text: 07520 615723

**Sexual Health Support:** provides a free confidential non-judgemental support.

Address: The Dudson Centre, Hope Street, Hanley, ST1 5DD

Phone: 01782 201251

Email: [ask@sshcharity.co.uk](mailto:ask@sshcharity.co.uk)

Website: <https://sshcharity.co.uk/>

### Community Drug and Alcohol Service (cdas): free service

Address: 476-82 Hope Street, Hanley, ST1 5BY

Phone: 01782 283113

Email: [referrals@sotcdas.org.uk](mailto:referrals@sotcdas.org.uk)

Website: <https://www.scdas.org.uk>

## Mental Health

### Changes:

Free to access peer support groups and various workshops across the city.

Address: Wellbeing Centre, Victoria Court, Booth Street, S-O-T, ST4 4AL

Phone: 01782 411433 Email: [stoke@changes.org.uk](mailto:stoke@changes.org.uk)

Website: <https://www.changes.org.uk/>

### Samaritans:

A 24/7 confidential support line for anyone struggling to cope.

Phone: 116 123

Email: [jo@samaritans.org](mailto:jo@samaritans.org)

Website: [www.samaritans.org](http://www.samaritans.org)

## Other Useful Links



**Community Directory** – Online tool to find local activities, clubs, support, health services and what's on in the local area:

<https://stokecommunitydirectory.co.uk>



**Fegg Hayes Futures** - aim to enable local people and community groups to meet for learning, self-discovery, enjoyment, mutual support and participation in activities of common interest.



**CAFAG** - Aims to improve the lives of individuals whilst bringing the community together.



**Sylvester's Community Trust**—Growing fields for the community to ease hardship in a small way by growing produce.

## Finance Support

### Beat the cold

Supporting those struggling with the cost of gas and electric across Staffordshire and Stoke-On-Trent.

Phone: 01782 914915



### Money Matters

Money Matters offers practical help with debt and benefits advice for users of Stoke-On-Trent Foodbanks.

Phone: 01782 470980

Email: [money@saltbox.org.uk](mailto:money@saltbox.org.uk)



### Potteries Money Wise

Potteries Money Wise is a project within Citizens Advice Staffordshire North and Stoke-On-Trent. The qualified advisors offer free and confidential advice to help maximise household income and reduce outgoings. They offer 121 telephone appointments or an in person appointment at their Hanley office. They can offer Benefit Entitlement Checks, Energy Advice, Budgeting Advice and Money Saving Tips.

Phone: 01782 408685

Email: [pmw@casns.org.uk](mailto:pmw@casns.org.uk)



# Community Lounges



A community lounge provides a place for you to gain local advice and support available to you and your family, including: Budgeting Skills, Employment and Training, Volunteering, Community Activities, Mental Health and Wellbeing Support, Fuel Poverty, Housing, Benefit Support, Finding Transport, Carer Support and Independent Living.

Community Lounge schedule

Community Lounge	Day	Time	Lead
Eskeley Green WMC, Eskeley Green	Monday	9.30am - 11.30am	Locality Connector Karen Tomlinson
Man Matters, Old Library, Man	Monday	10.00am - 12.00pm	Locality Connector Julie Wood
Col Ptery Extra Care, Abbey Hulton	Monday	11.00am - 12.30pm	Locality Connector Rob Litter
St. Helen @ Sts, Fegg Hayes	Tuesday	10.00am - 12.00pm	Locality Connector Steph Lancaster
St. Johns Community Church, Abbey Hulton 'Carnival Café'	Wednesday	9.00am - 10.30am	Locality Connector Rob Litter
The Belial Church, Longton	Wednesday	10.00am - 12.00pm	Locality Connector Julie Wood
Bentley Village, Bentley (Parish Hall only)	Wednesday	10.00am - 12.00pm	Locality Connector Sara Piddig
Middleport Matters, Middleport 'Soup bar and Chat'	1 <sup>st</sup> Wednesday of the month	10.00pm - 12.00pm	Locality Connector Karen Tomlinson
Happy, healthy lives, HCS of the month	Last Wednesday of the month	11.00am - 12.30pm	Locality Connector Rob Litter
Bentley Neighbourhood Centre	Thursday	9.30am - 12.00pm	Locality Connector Sara Piddig
Towney Chestle's, Red Vale Football Club 'Golden Yipster'	Thursday	10.00am - 12.00pm	Locality Connector Steph Lancaster
Community Point, YMCA, Hanley	Thursday	11.00am - 1.00pm	Locality Connector Rob Litter
St. Andrews Centre, Blurton	Thursday	2.10pm - 4.10pm	Locality Connector Sara Piddig
Towney Chestle's, Red Vale Football Club 'Community Café'	Friday	10.00am - 12.00pm	Locality Connector Steph Lancaster
Community Café, Abbey Hulton Abbey Hulton, Burton	Friday	10.00am - 1.00pm	Locality Connector Rob Litter

www.communities-together.co.uk



# Welcoming Spaces

Organisations across Stoke-on-Trent are working together to set up a network of Welcoming Spaces over the autumn and winter 2022 to 2023. A Welcoming Space is a place of connection already established in the community (such as a community centre, library or place of faith), where people can meet up, socialise, and access support, relating to the cost of living. Services available at each Welcoming Space will vary but may include:

- access to support about money, welfare, and mental wellbeing
- community activities
- access to computers, free Wi-Fi and charging points heated space

**Stoke-On-Trent Together—VAST.**

**Contact Number:** 01782 683030

**Email:** [sottogether@vast.org.uk](mailto:sottogether@vast.org.uk)

Use the QR code to find your local Welcoming Space.

Chell, Fegg Hayes, Tunstall and Sandyford
Hanley and Shelton
Longton and Meir
Blurton and Fenton
Abbey Hulton, Birches Head and Baddely Green
Bentilee
Stoke, Penkull and Trent Vale
Burslem, Middleport and Cobridge



# Stoke-On-Trent Libraries



Find out what is happening within the local libraries by using the QR code on the left. Here you will find groups such as Bouncing Bears, Singing Bears, Lego Club and Stories and Crafts.

**BUILD A WORLD OF FUN WITH**  
Stoke-on-Trent Libraries

# LEGO CLUB

FREE LEGO Clubs run after school or on Saturdays at our Libraries  
CHILDREN UNDER 8 YEARS OF AGE MUST BE ACCOMPANIED BY A RESPONSIBLE ADULT

LIBRARY	DAY/DATE	TIME
BENTILEE	• EVERY TUESDAY	3.30 - 4.30pm
<small>CITY CENTRAL LIBRARY</small> HANLEY <small>(now at Smithfield 2)</small>	• Sat 11 November • Sat 25 November • Sat 09 December	11.00 - 12.00
LONCTON	• Sat 4 November • Sat 18 November • Sat 2 December • Sat 16 December	11.00 - 12.00
MEIR	• EVERY WEDNESDAY	3.30 - 4.30pm
STOKE	• Sat 4 November • Sat 18 November • Sat 2 December • Sat 16 December	11.00 - 12.00
TUNSTALL	• Sat 4 November • Sat 18 November • Sat 2 December • Sat 16 December	12.00 - 1.00

# STORIES AND CRAFTS AT STOKE-ON-TRENT LIBRARIES

FREE STORY AND CRAFT activities on Saturdays at our Libraries  
CHILDREN UNDER 8 YEARS OF AGE MUST BE ACCOMPANIED BY A RESPONSIBLE ADULT

LIBRARY	DAY/DATE	TIME
BENTILEE	• Sat 11 November • Sat 25 November • Sat 9 December	11.00 - 12.00
<small>CITY CENTRAL LIBRARY</small> HANLEY <small>(now at Smithfield 2)</small>	• Sat 4 November (with Nat Hughes storyteller)	11.00 - 12.00
LONCTON	• Sat 11 November • Sat 25 November • Sat 9 December	11.00 - 12.00
MEIR	• Sat 4 November • Sat 2 December	11.00 - 12.00
STOKE	• Sat 11 November	11.00 - 12.00
TUNSTALL	• Sat 4 November • Sat 18 November • Sat 16 December	10.30 - 11.30

## Holiday Activities



### Stoke -On-Trent Family Hubs

Facebook - Stoke-on-Trent Family Hubs



### Stoke-On-Trent City Council

Website: [www.stoke.gov.uk/events](http://www.stoke.gov.uk/events)



### Whats on in and around Stoke-On-Trent

Website: [www.wherecanwego.com/whats-on/stoke](http://www.wherecanwego.com/whats-on/stoke)



### Things to do & days out in Stoke-On-Trent

Website: [www.dayoutwiththekids.co.uk/things-to-do/west-midlands/staffordshire/stoke-on-trent](http://www.dayoutwiththekids.co.uk/things-to-do/west-midlands/staffordshire/stoke-on-trent)



### Stoke-On-Trent Events

Website: [Stoke on Trent Events 2023 | What's on in Stoke on Trent | Skiddle](#)



### The Hubb Foundation

Website: [www.thehubbfoundation.com](http://www.thehubbfoundation.com)



### YMCA GO

Website: [www.ymcans.org.uk/ymca-go/](http://www.ymcans.org.uk/ymca-go/)



### Stoke School Holidays Group

Website: [www.facebook.com/groups/616823978352239/](http://www.facebook.com/groups/616823978352239/)

## Holiday Activities for those with

## SEND

### Autism Friendly Cinema Screening

Type the above into Google to bring up local cinemas and their Autism Friendly cinema times.



### Courses for Horses

Website: [www.coursesforhorses.org.uk/special-needs](http://www.coursesforhorses.org.uk/special-needs)



### Breakthrou' Frontline Dance

Website: [www.frontlinedance.co.uk/all-news/](http://www.frontlinedance.co.uk/all-news/)



### The Narrow Boat Beatrice

Website: [www.stokecommunitydirectory.co.uk/directory/listing/the-narrow-boat-beatrice/](http://www.stokecommunitydirectory.co.uk/directory/listing/the-narrow-boat-beatrice/)



### Caudwell Children, Family Workshops

Website: [www.stokecommunitydirectory.co.uk/directory/listing/family-workshops/](http://www.stokecommunitydirectory.co.uk/directory/listing/family-workshops/)



### SEND Juniors Club

Website: [www.stokecommunitydirectory.co.uk/directory/listing/send-juniors-club/](http://www.stokecommunitydirectory.co.uk/directory/listing/send-juniors-club/)

# Easypeasy

Families can enjoy two years of free access where they can receive helpful tips and support on aspects of parenting, early language and the home learning environment.



**Support your child's development for FREE**  
get unlimited access by scanning the QR code\*



Parenting advice and activity ideas birth to five shared by our community and experts. Available for parents and carers in Stoke-on-Trent.



[easypeasyapp.com/stoke](https://easypeasyapp.com/stoke)



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