



City of
Stoke-on-Trent

Social Care, Health Integration and Wellbeing

Public Health Services
National Child Measurement Programme.
Civic Centre
Glebe Street
Stoke-on-Trent
ST4 1HH

Dear Parent/Carer

Height and weight checks for Reception children

Every year in England, **reception children** have their height and weight checked at school as part of the National Child Measurement Programme. Your child's class will take part in this year's measurement programme 2023/24.

The measurements are carried out by trained health care support workers, based within the local authority's public health team. Children will be measured fully clothed, except for their coat and shoes, in a private space away from other pupils. Your child will not be told the results and measurements will not be shared with any school staff or other children.

The programme will be delivered in a Covid-19 safe way, adhering to local authority safety measures that are in place at the time of the planned NCMP visit.

The information we collect;

Prior to completing their height and weight measurements your child's name, sex, date of birth, ethnicity, address, postcode and telephone number will be collected.

How we use your child's information;

- Your child's information will be used to calculate their height/weight status.
- Your child's ethnicity and address will be used to help understand some of the reasons for the difference and changes in child weight across England.
- Your address will be used to send you a feedback letter, which will include your child's measurements, together with information about healthy eating and ways to be active.
- Please be aware, that if your child's weight status falls within the healthy weight category, a feedback letter will not be sent out to you. Should you wish to obtain a copy or discuss your child's measurements, please contact the NCMP team directly by calling **01782 234267** or email the team at ncmp@stoke.gov.uk

Tell us if you need this letter in an alternative format

Get in touch

Telephone: 01782 234 234 stoke.gov.uk



- Your telephone number is required and may be used to contact you to discuss your child's measurements and offer further advice/support.
- Measurement information will also be used by the local authority to help understand and plan health services needed to support families within the city.
- Information collected will also be sent by the city council to NHS Digital who will share this information in a form that **does not** reveal your child's identity to the Office of Health Improvements and Disparities.

The information shared will be used to better understand numbers and trends in child weight and body mass index (BMI) to support service provision.

For more detailed on how your information will be used please visit www.stoke.gov.uk/gdpr

What do I need to do?

If you are happy for your child to be measured, you **do not** need to respond to this letter.

Opting out of the measurement programme;

If you **do not wish** your child's height and weight to be checked, or your child has a medical condition that affects their height or weight, you may withdraw from the programme within the next **14 days** by;

- Calling the NCMP service on **01782 234267**. Please state your child's details including their name, date of birth and the school that they attend.
Hours of service will be Monday to Friday (9.00am - 5.00pm) an answerphone service will be available for out of hours including Bank Holidays.
- Alternatively, please email your child's name, date of birth and the school that they attend to ncmp@stoke.gov.uk. You will receive an email to confirm that your child's details have been removed from the programme.
- Children will not be made to take part on the day should they choose not to.
- Please be aware, if an opt out request **has not** been received, children absent on the measurement day, may have their measurements collected during a follow-up visit later in the school year.

If you are responding to this, please address your correspondence to Heather Griffiths, Senior Public Health Officer – Start Well, Stoke-on-Trent City Council, Floor 3 Civic Centre, Glebe Street, Stoke-on-Trent ST4 1HH

Yours sincerely

Heather Griffiths

Senior Public Health Officer – Start Well, Adult Social Care, Health Integration & Wellbeing

Email: Heather.Griffiths@stoke.gov.uk

Contact number 01782 235857

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Get in touch

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